

SIFC Newsletter

July - August 2008



Swindon Ice
Figure Club

Special Interest Articles:

- Competitions.
- Format during August
- New start time in september

Hello and welcome

Summer is fast approaching and we are almost ready for the lengthy summer break. There has been a lot happening since the last newsletter. Open season continues with full force and the club has been pleased to witness some great success from our competitive skaters.

There are a few changes to the club format during the summer holiday so please make a note of the changes as they are detailed in the following newsletter.

It is left for me to say on behalf of the committee enjoy the holidays and we will be back to business as usual in September.

Sam Cole

Highlights From The Past 2 Months

Guest coach - Anne Strange

We were fortunate to organise an evening with Nisa judge Anne Strange. Anne regularly attends our club competitions and Nisa tests as well as the Open competitions around the country.

Anne spent the session with the two groups watching and coaching alongside Lesley.

All skaters appeared to have enjoyed the sessions and learnt a little more about the importance of presentation when competing. She looked at landing positions and curtseys & bows at the end of the programme. After all as important as the technical skating is it does help if the skater looks as though they are enjoying themselves!!!! by the end of the session they all did.

We thank Anne for coming to see us and look forward to arranging similar nights in the future.

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Club BBQ

Unfortunately due to a lack of interest and worrying weather forecast. The BBQ was cancelled.

Apologies to those members that did purchase a ticket and thanks for your understanding. A full refund can be received from club members on club night on production of your ticket.

A big thankyou to Karen Jackson and the other committee members involved for their time in organizing the event.



Club night during August.

During the month of August numbers at club inevitably drop due to other commitments and our coaches also have other commitments as well. Therefore a change to the normal sessions will be in place. Club will run as usual until Thursday 24th July and then our summer programme will begin as follows:

Thursday 31st July 2008 - No coaching, but a free skate club session open to all members will be available during the times from 6:15pm-8:00pm

Thursday 7th & 14th August 2008 - As above.

During these sessions it is important that **Parental supervision is maintained while their child is on the ice**. A committee member will be present but no child will be allowed on the ice without a supervising adult accompanying them.

Thursday 21st & 28th August 2008 - There will be limited coaching for the first 45 mins from 6:15pm- 7:00pm followed by a free skate session. As with previous sessions skaters are only permitted to stay on the ice when accompanied by a responsible adult happy to supervise them.

Club sessions will return to normal in September with a new start time of 6:00pm.

6:00pm - 6:45pm - Topaz, Emerald, Pearl & Diamond.

6:45pm-7:30pm- Ruby, Sapphire & Amethyst

This will rotate in October as usual.



Club Competition - Hot ice



The club recently held it's own Hot ice competition the only one of the year and for a lot of our skaters it was the first experience of what Hot ice involves.

Hot ice is similar to the regular free programme competition in that skaters will skate a routine to music. However the hot ice allows the music to contain vocals and the skaters are able to use props in their routine. All routines are non coached and purely choreographed by the skaters themselves.

There were several entries and it was refreshing to see some of our newer members taking part. The effort that went into the costumes and the routines was great. Also it was lovely to see a large majority of skaters that weren't competing come along to support those that were.

Well done to all of those who entered. The results are as follows.

Class 5				
1st	Izzy & Carmen			
2nd	Caitlin & Ciaran Bowles			
3rd	Catherine, Jojo, Natalie & Imogen			
Class 3 and 4				
1st	Vicky Jackson			
Class 1				
1st	Chloe Purvis			
2nd	Caitlin Bowles			
3rd	Vikki Fairnie			

Well done also to: Ciaran Bowles & Natasha Snelham

Open Competition Results



Basingstoke & Guildford provided the venues for most of our competitive skaters this time and good results were had at both.

The results for the Basingstoke Open were:

Hannah Frame - 2nd place Level 3 girls
Vicky Jackson - 1st place Level 4 girls
Jordan Bonello - 2nd place Level 9 ladies
Vcky Jackson - 1st place Artistic

Well done to: Ashlee-Rae Cleverly & Lauren Porter

The results for the Guildford Open were:

Lauren Porter - 2nd place Level 1 girls 11 & over
Lucie Cole- 2nd place Level 2 girls 12 & under
Gemma Lorains - 3rd place Level 2 girls 12 & over
Sean Stowe - 2nd place Level 2 boys
Hannah Frame - 2nd place Level 3 girls 11 & under
Vicky Jackson - 1st place Level 4 girls
Carmen Lee - 1st place Level 6 girls
Vicky Jackson - 3rd place Level 4/5 artistic competition.

Well done to:

Courtney Cole, Amanda Ball, Ashlee-Rae Cleverly, Bethan Sheehan, Bliss Holland, Hannah Godfrey & Jordan Bonello who also competed.

Also Well done to:

Vicky Jackson who competed in Hull for their Open.



Off Ice Class - Friday 5 to 6pm - Lydiard Millicent Church Hall

If anyone would like to join the stretch class on Friday evenings then please contact any committee member on club night or phone 07775991700 or email tanwood@tiscali.co.uk. The classes are run by Tanwood School for Performing Arts. They will be not be run during the holidays but will recommence in September.

In the stretch class we do some modern exercises and then do some stretches. We like the class because it is only for ice skaters and it teaches us stretches. The class makes us more flexible and you may be able to do the splits by the end of it!

by Vicky and Hannah (club members)

Diary Dates - What, when, where

Club Dates

31/7/08	Summer programme starts
04/9/08	Normal sessions resume
Tbc	Free Competition
9/10/08	Swindon Open
4/12/08	AGM

Open dates

Coventry	6-7 th Oct 08
Swindon	9/10/8
Oxford	7 th Nov 08



Dress Code



A gentle reminder to all skaters of the dress code for club sessions.

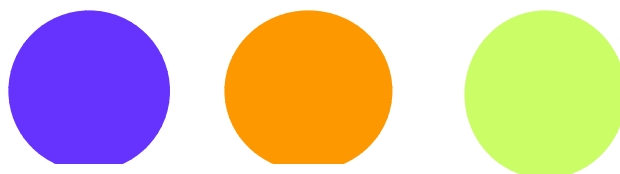
Girls

Skating dresses/skirts
Tights
Warm fleece
Black training trousers/leggings

Boys

Fleece/training top
Black trousers

Thankyou, I know this may seem to be a niggle but a tidy club is a happy one.



Thank You

We would just like to say a very big thank you to everyone for being so patient and supportive prior to the hot ice competition on the 17th so that Vicky could take her NISA test before going off on holiday.

Thank you

Karen and Vicky

A last word!

I would like use this opportunity to ask you to keep checking our website at www.sifc.co.uk for the latest club information. It is updated on a regular basis and is our main point of contact if we need to let you know of any changes to club nights or forthcoming events.

If there is anyone who would like to write an article for the newsletter then could they please let me know. The more the merrier! Next month look forward to an article on Nutrition amongst others.

Have a great summer.

We're on the Web!

See us at:

www.sifc.co.uk

useful links

contact details

dates for club

newsletters

and much more...
